



# Lessons learned from Primary Health Care Leaders Education: Developing leadership in primary care education in Malawi and Zambia

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## Main aims

- **Strengthen health systems** in Malawi and Zambia by improving the **quality and quantity of trained primary care professionals**.
- Build institutional capacity in **education, research, and leadership** in PHC.



# Objectives 1

## 1. Strengthen Education and Research Programs

- Develop/revise **12 curricula/modules** at Bachelor, Master, and PhD levels.
- Establish and enhance **pedagogical support units** at partner institutions.
- Integrate **e-learning** and digital education infrastructure.

## 2. Build Staff and Student Capacity

- Support **PhDs and Master students in Family Medicine and Public Health** study with scholarships.
- Provide **pedagogical training, research mentoring, and academic writing support**.
- Build on established **joint PhD programs** UoB and the University of Zambia



# Objectives 2

## 3. Engage Stakeholders and Disseminate Knowledge

- Host two **PRIMAFAMED** conferences, publish **policy briefs**, and promote **knowledge translation**.

## 4. Improve Infrastructure for Digital Learning

- Renovate **lecture rooms** and **district teaching sites**.
- Install **digital/online education tools** and improve internet connectivity.
- Develop/support **online PHC leadership courses**. Two rounds involving the AfriWon research network.



## Expected results

- Increased number of **qualified PHC professionals** in Malawi and Zambia.
- Improved **curricula and teaching quality** in PHC education.
- Strengthened **institutional capacity** for research and training.
- Enhanced **stakeholder collaboration** and **policy influence**.
- Sustainable academic and professional networks through **South-South and North-South partnerships**.

# Key Implementation Challenges



- Human resources. Faculty, supervision
- Changes in the leader group
- Infrastructure and technology (internet, power)
- Research barriers. Ethical approvals



# Lessons learned in Bergen (UoB)

- The grant application process
- Administrative and project leadership
- The beauty of working together with dedicated leaders in Family Medicine in SSA.
- Joint PhDs and research collaboration.
- **Learning from networks in SSA-  
PRIMAFAMED, AfriWon, ECSE FMC**
- Norway need to learn how to prioritize with limited resources.



# NORHEAD III?

- Possible new funding from 2026
- Build on established networks and institutions
- Now it is time to develop the great and bold ideas to succeed in the competition
- Need to have a strong group to write a successful application





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