

# Resilience training in Family Medicine programme at Makerere University

## Background

The current world is characterised by rapid changes, crises and uncertainty. Such circumstances disrupt the functioning of health systems with weaker systems at risk of complete collapse.

## Aim

To describe how the postgraduate Family Medicine programme at Makerere University Kampala Uganda addresses health system resilience



## Methods

A review of the MMed Family Medicine curriculum guided by the definition of resilience health systems

## Results

Inclusion of courses on community organising and Primary Health Care (PHC) strengthening. The implementation of most courses is within the district system. This also creates an opportunity to deeply understand how to engage communities a key attribute to resilience. 90% of curriculum implementation is in a rural district.

Disease surveillance and epidemic preparedness are emphasised in most of the courses both in content and assessment. The programme also includes a course and content on management of health systems.

**Conclusion:** The curriculum is designed and developed with high level focus on health system resilience. Regular curriculum reviews should maintain this focus and also adjust the content, delivery and assessment methods according the current circumstances but also ensure flexibility to deal with health system challenges in a changing world

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