

Resilient facilities and services – the Cape Town experience

Division of Family Medicine, Department of Family, Community and Emergency Care, UCT

Looking back

The COVID-19 pandemic challenged our adaptive abilities. Registrars and students became drivers of innovation and leadership.

- CTICC Hospital of Hope team leaders.
- Coordinating **community-level responses** via testing-tracking systems.
- Enhanced access to **vaccinations**, e.g., the “Vaxi Taxi” initiative.
- **Technology-driven initiatives** to support service access for vulnerable communities.
- Reconfiguring **primary health services** for enhanced testing, diagnosis and treatment.



Current context

Health System barriers:

- **Environmental disasters** - climate change
- **Social disruption** - crime and political unrest
- **Infrastructural challenges** - interrupted water and electricity supplies

Individual barriers:

- **Burnout** among healthcare workers



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Selected references

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Opportunities to explore

Health system facilitators:

1. Stakeholder collaboration:

- Higher Education Institutions
- National and Provincial health authorities
- Local communities
- Regional and international partners, e.g. PRIMAFAMED network and WONCA.

2. Community Oriented Primary Care (COPC)

3. Environmental determinants of health

- How do we pivot to a OneHealth approach

Educational facilitators:

1. Curricular level:

- Addressing inequality and social instability in the curriculum.
- Mentorship and coaching.
- Leadership development.

2. Individual level:

- Critical reflection.
- Self-care.